



Fundação Lafaek Diak



Annual Report 2014

From top left to bottom right: Nurse Augusto and Community Health volunteer Teresa consulting a patient at Uatulari mobile clinic; second group of students of Centru Treinamentu Mekaniku da Paz learning organic compost making, FLD Director Constantino and TAI Program Manager Steve in deep discussion; Welcoming Nazareth friends to Triloka



*Helping Each Other,
We Come out of Difficulty*

Address: Triloka Clinic, Triloka Village, Baucau,
PO Box 315, Dili, Timor-Leste

Phone: + (670) 7723-5041

Website: www.thegoodcrocodilefoundation.org

Facebook: Fundação Lafaek Diak




E-mail: infolafaekdiak@gmail.com


Director: Constantino Pinto




ACCOMPLISHMENTS 2014



This year marks the sixth annual report of FLD and the ninth year of its existence. We continue to strive to be agents of change and growth within the community, through physical reach and developed capacity of the people themselves in collaboration with friends and partners around the world. We give thanks to our Creator as we celebrate the accomplishments in the stories shared below.



<p>TRAINING CENTRE FOR VOCATIONAL MECHANICS AND PEACE BUILDING</p>	  
<p>In 2014 FLD offered the second training in mechanics and agriculture at <i>Centro Treinamentu Mekaniku da Paz</i> for rural youth from four districts, most of them not having completed any formal school training or coming out of a difficult home situation. 22 young people began the program. Next to technical skills, such as welding (see picture on the right) and organic agriculture (see picture on front page), the students also learn peace building and conflict resolution skills.</p>	


	<p style="text-align: right;">BLACK STONE TRAINING</p> <p>One of the special trainings this year was a workshop where staff and students learned how to make “black stones” from buffalo thigh bone, which assists to draw out the venom of poisonous snakes, scorpions and centipedes. This is very useful for village life.</p>
--	--



<p>STAFF DEVELOPMENT TRAINING</p> <p>Four CTMP staff participated in the <i>Certificate III in Training and Assessment</i> course, and two of them continued at Certificate IV level. They successfully completed the course and proudly graduated on 12 December, 2014 and received their certificate at a national graduation ceremony in Dili. Thanks to CTID and the ILO for offering FLD’s staff this opportunity; this completes another government requirement in the accreditation process of CTMP’s training program.</p>	
---	---

	 	<p>AGRICULTURE WORK</p> <p>Organic agriculture remains an important component of CTMP’s program. The students learn composting, organic pesticides for plant protection and vegetable gardens to improve income.</p>
---	--	---

	<p style="text-align: center;">TRILOKA HEALTH CLINIC & MOBILE CLINICS & MATERNAL AND CHILD HEALTH</p> <p>The Triloka community health programs, including clinic and mobile clinics, as well as the maternal & child health programs, continue to remain the heart of FLD's community work in Triloka and surrounding villages. The clinic is a central place of healing and learning in the community. In 2014 FLD was able to respond to the request of 3 additional remote villages for mobile clinic services.</p>	
---	---	---

COMMUNITY HEALTH VOLUNTEER PROGRAM		
	<p>A new pilot program FLD began in 2014 was training three community health volunteers from three remote villages. Teresa, Florentina and Natalia are now the first contact point for sick people in their villages. In a six month training at Triloka clinic they learned to differentiate serious illnesses, which they refer to Triloka clinic, and basic health care they can offer. They prepare their community for the mobile clinic visits (photo to the left). <i>Australian Catholic University (ACU)</i> offered a Health Education training for three FLD staff (photo to the right).</p>	

	<p style="text-align: center;">New Mobile Clinic Vehicle</p> <p>The young people of <i>Nazareth Catholic Community</i> in Adelaide in partnership with the <i>Romynne Trust</i> sent a much needed new mobile clinic vehicle, which arrived in Triloka August 2014. Triloka clinic staff along with the communities of the mobile clinic villages: Uatulari, Ossoala, Buburaga, Daresula, Ostico, Casidu express their heartfelt thanks!</p>
---	---

	<p style="text-align: center;">RECEIVING MEDICINES FROM DIFAEM & VEGA</p> <p>Despite a changing reality in the pharmaceutical world and its new challenges, DIFAEM continued to supply Triloka community clinic with basic medicines in 2014. It was a difficult year for the country in regards to medical supplies, government hospitals often being without basic medicines for many months at a time. <i>Vega Historic Vessel</i> also supplied medicines & equipment.</p>	
---	---	---

UNIVERSITY SCHOLARSHIP PROGRAM

The four FLD scholarship recipients continued their studies successfully. 2014 marks the year of graduation for Anastasia with her 3-year Diploma in Midwifery. FLD congratulates her for her perseverance in seeing her studies through. She is now back heading the Mother & Child program that has moved into the new Maternity building at the end of 2014. The other three take their studies seriously, and valuing this rare opportunity for higher education. Upon completion they will return to give back to their community. Funds for another scholarship have been entrusted in 2014; FLD hopes to send another young student in a medical related field in the coming year. Here is an update on the four students in the scholarship program are:



Cesario Pereira Freitas completed his 4th & 5th semester towards a three-year Bachelor degree in Pharmacy at *Akademi Pharmacy Putra Indonesia*, in Malang, Indonesia. He hopes to complete his last semester and thesis and then to return to Triloka East Timor in 2015.



Ana Josefa Ximenes completed her 2nd & 3rd semester in 2014 in a 3-year Bachelor degree in midwifery at *STIKES Widyagama Husada University* in Malang, Indonesia. She is thoroughly enjoying her studies, especially the practicums in hospitals.

Anastasia Maria Guterres graduated on 13 November, 2014 with a Bachelor in Midwifery at *STIKES Widyagama Husada University* in Malang, Indonesia. Upon return she began working back at Triloka clinic, leading the Mother & Child program she once started.



Paulo Fransico Simoes completed her 2nd & 3rd semester in 2014, towards a three-year Bachelors degree in nursing at *Sekolah Tinggi Kesehatan STIKES Kenedes University* in Malang, Indonesia. He began his 4th semester upon completion of his one-month practicum early 2015.



SMALL BUSINESS DEVELOPMENT



This year FLD facilitated 7 groups to visit the weavers in *Home* village, District of Lautem. FLD has continued to support the 25 families of weavers through product development and market connections (the amount of income in 2014 channelled through FLD to the *Home* weavers totalled USD \$ 10,705.50).



The weavers worked hard to meet the deadline of an order of 5,000 friendship bands for the *Triumph* fund-raising concert of several schools in Geelong, which marked the biggest sale for 2014. With the side-income earned the families are able to improve their lives by sending their children to school, buy medicines needed, and build better houses.



PLANS FOR 2015

1	Continue Rural Community Health Program: <ul style="list-style-type: none"> - Fundraise for “Bridging year 2015-2016” for Clinic & Health Program funding - Identify new steady partner for Triloka Health Program - Further develop Clinic staff capacity through in-formal and formal training. - Building a new Medical Laboratory at the Triloka Health Clinic. - Build a new security fence for the Triloka Campus.
2	Further Develop the Training Centre for Mechanics/Agriculture and Peace and strive towards accreditation <ul style="list-style-type: none"> - Identify steady partner (secure funding) for CTMP - Continue to build library with basic mechanic & agricultural as well as peace-building books/resources - Identify Volunteer Mechanic Trainer to assist with curriculum development - Build simple boarding house for participants from remote villages and other districts.
3	Expand Scholarship Program to include Medical Laboratory Technician, Radiography, Medical Administration and Teaching.
4	Further assist in the development of the women’s weaving group in Home, specifically in product development, marketing and promotion.
5	Leadership training for FLD Board & Executive Staff, further develop the administration capacity of FLD through training Identify Volunteer for Organisational Development & donor liaison.

Financial Report (1/1/14 - 31/12/14)		Statistics	
Clinic and Nutrition (TAI; 01/07/2014 – 30/06/2015)	USD \$ 67,600	Average monthly polyclinic and mobile clinic visits	873
New Mobile Clinic Vehicle (Nazareth & Ronwynne Trust)	USD \$ 37,000	Average monthly maternal child health visits (post exp.)	233
Other USD	USD \$ 27,850	Average monthly participation in nutrition program	68
		Average monthly participation in health education	145
		Average monthly participation in mother support group	<u>37</u>
		Average monthly participation in health program	1,356
		Number of farming families involved in crop development	70
		Number of Weaver Families	25
This does not include capital building projects, nor the in-kind donations of goods and services.		Total Staff	
		Clinic (including education)	-paid staff 8
		Agriculture -	-paid staff 2
		Administration	-paid staff 4
		Security, Cleaner, Driver, Catering	-paid staff 8
		International Volunteers	18
		Volunteering Doctors	4
		Local Volunteers	3

INDIVIDUAL DONORS		ORGANIZATIONAL DONORS
Bernadetta Kwintiana	Johannes & Annika	Australian Catholic University (ACU), AU
Ane	Lempp	Bairo Pite Clinic, Dili, Timor-Leste
Sandra Jean Anderson	Greg & Sally Malcher	Bank of I.D.E.A.S., AU
Sonia Anderson	Daryl Mills	CAF – Charities Aid Foundation, UK
Mervyn & Vivienne	Mary Nelson	CER – Comunidade Edmund Rice, Dili, TL
Anderson	Narita & Nat Perrota	CTID – Canossian College Baucau, TL
Donna Andrew	& Family	CSR Kalbe Farma, Indonesia
Elizabeth Cheah	RS Purdie	Days for Girls, Perth, AU
Alison Dyall	Gweneth, Geoffrey &	Darwin Memorial Uniting Church OP Shop, AU
Barbara Dyall	Alan Sharp “Joan	DIFAEM (German Institute for Medical Mission)
Joy Eichhorn	Sharp Scholarship”	Daylesford Swimming Club, AU
Geoffery & Geraldine	Wendy Sheldon	Ecumenical Scholarship Fund, (Bread for the World) Germany
Harris	Carolyn Straub	Foothills, St. Martins Uniting Church, AU
Norma Grant	Tomasz Szpikowski	Frauen Kreis der Oswald Gemeinde Weilimdorf, Germany
Lina-Sophie Horn	Heath Thompson &	Historical Vessel Vega
Peter Kenyon	Michelle	International Labour Organization (ILO), TL
Hilde Koenig	Graham Thornicroft	Kalamunda Uniting Church, AU
Carmel & John	& Heidi Lempp	Mayfield Baptist Church, AU
Lawrence	Sandra Tunley	Melville Uniting Church, AU
Ellie Johnston & Jo Lin	Barbara Vogt	Ministry of Health, RD/TL
Elizabeth Lempp	Margarete &	Ministry of Justice, RD/TL
	Leonhard Vogt	NAZARETH Catholic Community, Adelaide, AU

continued next page

Hedwig Lempp	Sabine & Timor Vogt Sheila Walkerden	PALMS Volunteers, AU Pitt Street Uniting Church, AU The Ronwynne Trust Ross Memorial Uniting Church, AU Rotary Club of Bentley Cutrin, WA, AU Rotary Club of Cockburn, WA, AU Rotary Club of Mt. Eliza, AU Rotary Club of South Australia, AU Rotary, Melbourne, AU SETRA –Seattle East Timor Association, USA St. Johann Probstgemeinde, Bremen, Germany Springs Medical Centre, Daylesford, AU Terrace Timor Network, Brisbane, AU Transform Aid International, AU Uniting Church of WA SYNOD, AU Williams Community Resource Centre, WA, AU
<p>We are grateful for the support of many organizations and individuals. We apologize if we have left anyone out. Please let us know.</p>		

STAFF LISTING	
FLD Administration	Constantino Pinto/Gregorio Lobo/Brigida Freitas Guterres/Jorgina Pereira.
Clinic	Anastasia Maria Guterres/Fernanda Matos da Silva/ Emelita da Silva/Saul Afonso da Silva/ Dirse da Silva Soares/Maria Lourdes de Freitas/Agusto Pinto/Maria Auxiliadora.
International Volunteers:	Mary Seong/Mervyn & Vivienne Anderson/Barbara Vogt/Jana Lempp/Perrotta Family/Harry Pratt/Ruth Warner/Pat Lippiat/Noelene Brock/Emily Miklovic/Natalie Stonnill/Nicole Carey/Sara Ucci
Volunteering Doctors:	Dr. Andrew Leong/ Dr. Andrew Pratt & Dr. Kirsten Pratt
Volunteering Medical Student:	Kathleen Malcher
Local Volunteers for Clinic	Zelia Etelvina da Silva/ Lucrecia da Silva /Lucilda da Silva
Agriculture Program:	Carlos Baptista/Clara Cabral.
Local Volunteer for Agriculture Program:	Alexandre da Costa/Armando Pereira/Berta da Silva/Geremias da Silva /Armando da Silva.
Training Centre for Vocational Mechanics and Peace Building	Silveiro Freitas da Concericao/Atanasio Belo/ Eurico Pereira/Maria Teotonia da Silva/Gabriela Salsinha
Security, Cleaner:	Lourenco da Costa/Aderito Freitas

VISITORS 2014
FLD welcomed visitors/volunteers from Uniting Church Western Australia, Mayfield Baptist Church New Castle, Nazareth Catholic Community Adelaide, Melbourne and Germany.
    

Further Donations can be made though international bank transfer to:	
Account Name:	Fundasaun Lafaek Diak
Address:	Becora, Dili, East Timor
Name of Bank	Bank Mandiri, Dili Branch, Timor Leste
Account No:	601-00-0014221-9
Iban Number:	TL 38 0050 601-000014221 948
SWIFT Code:	BMRIIDJA
Correspondent Bank:	CHASUS 33 JP Morgan Chase Bank of New York

