

# FUNDACAO LAFAEK DIAK



*Helping Each Other, We come Out of Difficulties*

## 2009 ANNUAL REPORT



*(pictured l to r: renewed village hall, visit of Victorian Minister for Housing and Local Government, Mobile Clinic, home visits, building of traditional rock fence, harvesting peanuts)*

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## ACCOMPLISHMENTS 2009

### NEW CLINIC BUILDING

With approval of the village council and funding from ETCAS/AUSAID (\$30,000), Mt. Olivet Church (\$5,000) and others, we built a new building next to the existing clinic. This much needed new building enables expanded health programs, a large community health education meeting room, medical storage and offices. The total cost of the building was \$40,000. Now we need to add complete solar energy system to provide sustainable continuous energy and avoid outages.



### ACCREDITATION OF THE CLINIC

After months of work and start of an on-site pharmacy and laboratory and medical waste management system, the Clinic achieved accreditation, the first non-government clinic in East Timor to get accreditation. A celebration of perseverance and hard work that now enables expansion of the clinic's two programs: Maternal and Child Health and Ambulatory polyclinic, and offers opportunity for future programs. DIFAEM – German Medical Institute for Medical Mission – supplies much are medicines.

### VILLAGE HALL

The four villages around Triloca came together to work with groups from Western Australia, to renovate the village hall right next to the clinic. It was an exciting partnership with the leadership of Lafaek Diak, the four villages chiefs and Bank of I.D.E.A.S., ConocoPhillips, the Rotary Club Kalamunda and Rotary Club Cockburn. The four villages rotated a day a week, sending in 15 local volunteers each day under the watchful eye of the chiefs, to work alongside of the Australian volunteers. The new building accommodates community meetings, trainings and sharing of development information. The building process revived a strong sense of community ownership and pride. The total cost of the building is \$12,000.




### NURSING SCHOLARSHIPS


With the support facilitated through UCWA, two young women from Triloca are attending a 3 year nurses training in Indonesia, now in their second year. The commitment is to come back and work in the Triloca Clinic, providing longer term sustainability. A great new sense of future.



### WATER/SANITATION WORK

Clean water and decent sanitation is much needed to ensure the health of the community. A water/sanitation plan for two villages has been completed, thanks to the assistance from Baptist World Aid Australia, and two Fundasaun Lafaek Diak staff attended a training at the BATI (*Appropriate Technology Training Institute* in Indonesia). FLD seeks funding to install the planned system. Full implementation of the plan, even with the trained supervisors will cost about \$60,000. Implementing the plan, will make long term major health improvements in the lives of both villages.

	<b>AGRICULTURAL WORK</b>
	<p>The very real local hunger and malnutrition mandates new work with local farmers to grow food, using intensive farming. With much hard work, very rocky land is cleared (using the rocks to build a traditional fence) to grow rotating crops of corn, rice, peanuts, cassava. In addition medicinal plants (like the Marungi tree—the miracle tree) are grown and processed for the community. We now work with five farmers groups at five different locations with about 15 farmers each. A first storage shed was built near the clinic. It also includes a kitchen and lunchroom for the staff. The hope for the future is to build another storage shed for crops and a training site. Land has been prepared for this, and funding is needed to build the second shed.</p>

	<b>COMMUNITY HEALTH TRAININGS</b>
	<p>A number of trainings were held during the year, including: training in use of the black stone (remedy for snake bites), water sanitation training of trainers on environmental health and hygiene for staff and community leaders, malaria prevention (mosquito nets, and how to clean up dirt), hand washing, etc.</p>

### PLANS FOR 2010

So much happened in 2009, and we are grateful to the many groups and individuals who made that possible. We have challenges and opportunities for 2010 in addition to continuing, improving and expanding the existing work in the clinic, the maternal and child health efforts, the mobile clinic and the agricultural work.

1	Implement the water/sanitation plan for the two villages. We have started building three smaller laundry/toilet/shower structures at the Triloka site and nearby villages & plan to complete this phase in 2010. Implementing the three year whole water/sanitation plan will cost about \$60,000.
2	Complete building the water tank at the new clinic building, including the piping, wash basins. Work already begun.
3	Develop and operate a building tools lending library, and an agricultural storage and training building (\$ 55,000)
4	Expand the mobile clinic and maternal and child health clinic and laboratory
5	Continue to develop and implement the health education program. Implement monthly community health training sessions on topics related to priority issues; connect to the radio health program project weekly programs.
6	Complete the solar energy for the clinic buildings, ensuring sustainable electricity. Need to raise \$30,000 to implement.
7	Repair and repaint old clinic building & doctor's house (Need \$15,000).
8	Raise Scholarships for one lab-technician and one pharmacists for two young people from Triloka.

<b>FINANCIAL REPORT (7/1/09-6/30/10)</b>		<b>STATISTICS</b>	
Clinic and Nutrition	USD \$48,000	Average monthly polyclinic visits	1,272
(BWA; does not include Doctor CFI)		Average monthly maternal child health visits	57
Other	USD \$35,862	Number of farmers involved in crop development	75
This does not include the capital building projects, nor the in-kind donations of goods and services.		Total Staff	
		Clinic (including education)	-paid staff 3
		Agriculture -	-paid staff 2
		Administration	-paid staff 4
		Security, Cleaner, Driver, Catering	-paid staff 4
		International Volunteers	3
		Local Volunteers	3

<b>INDIVIDUAL DONORS</b>		<b>ORGANIZATIONAL DONORS</b>
Susan & Mark Barnes	Jeff & Susan Meyers	Australian Sports Outreach Program
Charlie Beckley	Greg Miller	Australian Youth Ambassadors for Development
Alex Bickmore	Lyn & John Mills	Bank of I.D.E.A.S.,AU
Bill Dagg	Mrs. Montgomery	Baptist World Aid Australia
Pam Dawe	Leah & Dan Moon	Booragoon Rotary Club, AU
Alison Dyall	Jon & Juni Nelson	Bush Regeneration Group Lane Cove Sydney
Joy Eichhorn	Mary Nelson	Christliche Fachkraefte International, Germany
Jill Forsyth	June Norman	ConocoPhillips
Nan & Graeme	Daniel Norris	DIFAEM (German Institute for Medical Mission)
Goodsell	Ilse Schiller	ETCAS through AUSAID,AU
Mikaela Harris	Wendy Sheldon	FrauenKreis der Evangelischen Kirche Weilimdorf, Germany
Rosemary Hudson-	Carolyn Straub	Holy Trinity Lutheran Church, Pa, USA
Miller	Belinda & Rachel	Kids of the Uniting Church in Australia WA-KUCA Campout
Ellie Johnston	Susan	Mayfield Baptist Church, AU
Erika Keane	Julia Sutton	Melville Uniting Church/Misereor (Germany)
Peter Kenyon	Heidi & Graham	Mt. Hawthorn Community Church,AU
Hilde Koenig	Thornicroft	Mt. Olivet Lutheran Church, MN USA
Margie Landrigan	Sandra Tunley	National Council of Churches,AU
Elizabeth & Walter	Sheila Walkerden	Pitt Street Uniting Church, AU
Lempp	Hildegard Wanko	Rotary Club Booragoon, AU
Karl & Gudrun	Felicity Wever-Norris	Rotary Club Cockburn,AU
Lempp	Stephanie Wong.	Rotary Club Dili
Jo Lin	Lindsay Lovering	Rotary Club Kalamunda, AU
Joanna Lin		Rotary, Melbourne,AU
Bronwyn Lin		Seattle East Timor Relief Association (SETRA)
We are so grateful to the help and support of many organizations and individuals. We apologize if we have left anyone out. Please let us know.		Sommerville Community Services – Darwin, AU
		St. Johann Catholic Parish, Bremen, Germany
		Tabitha Trust UCWA,AU
		Thursdays Children, Melbourne, AU
		UCA WA SYNOD, AU.

<b>STAFF LISTING</b>	
<b>FLD Administration:</b>	Constantino Pinto/Lino Pereira/Zelia Ximenes Vital/Brigida Freitas Guterres.
<b>Clinic:</b>	Anita Rufina Freitas/Anastacia M. Guterres/Maia da Costa Tilman.
<b>International Volunteers:</b>	Charlie Beckley/ Mikaela Harris/Dr. Christian Seip/Julia Sutton/Calum Thornicroft.
<b>Local Volunteers for Clinic:</b>	Maria A. da Silva/Emelita da Silva/Tiborcja da Costa.
<b>Agriculture Program:</b>	Carlos Baptista/Bernardo Manuel.
<b>Local Volunteer for Agriculture Program:</b>	Alexandre da Costa/Armando Pereira/Geremias da Silva/Germano da Silva/Pedro P. de Oliveira/Victorino M. Boavida.
<b>Security, Cleaner, Driver &amp; Catering:</b>	Lourenco Pinto/Lourenco da Costa/Nelson do Rosario C./Monica da Silva.

<b>Further Donations can be made through international bank transfer to:</b>	
Account Name:	Fundasaun Lafack Diak
Address:	Becora, Dili, East Timor
Name of Bank:	Bank Mandiri, Dili Branch, Timor Leste
Account No:	601-00-0014221-9
Swift Code:	BEIINDJA
Correspondent Bank:	CHASUS 33 JP Morgan Chase Bank of New York