

ANNUAL REPORT 2019

# Fundação Lafaek Diak



*Helping Each Other - We Come out of Difficulty*



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## ACCOMPLISHMENTS 2019

This year marked twenty years when the people of East Timor courageously voted with a vast majority for independence in a referendum held by the United Nations. Out of the ashes of total destruction and coming out of 450 years of colonial rule and 24 years of military occupation they look back on the initial steps of the daunting task of building Asia's newest nation. Despite still being one of Asia's poorest countries with immense challenges, there are things to point towards. One thing everyone celebrates and enjoys is the immense gift of living in peace and without fear.

The **Good Crocodile Foundation (FLD)** has participated in this process and contributed through community development in rural communities over the last fourteen of these years. Good things are happening and lots remains to be done. The various health programs of the rural health center **are moving forward in wonderful and strong ways** thanks to the support of many. Here are five major accomplishments of this last year:

- Beginning of a new pilot project of training community midwives from three remote villages, with continued support and accompaniment through the medical staff at the maternity clinic
- Securing basic three-year funding for the health care programs of FLD
- Achievement of renovating the clinic building (as termite infested and rotted doors and windows and their frames threatened hygiene and health); also new electrical wiring & ceiling; as well as a fresh coat of paint; and a new large generator for the main clinic for continued electricity supply during brown-outs
- New fence around the main clinic campus for security
- Working on completing additional building for the Mother & Child program next to the maternity clinic

### Pilot Project of training community midwives



In this new three-year funding cycle FLD has planned a project to support traditional community midwives in remote surrounding villages and establish a network with and amongst them.



During the first months, villages were contacted through their chiefs, and invited to consider participating in this project. Three villages decided to participate in the pilot project, choosing one traditional midwife from each village. The villages *Waisa'a*, *Waimanuboe* and *Ossoluga* are strategic centres for other villages, which are included in the target areas of FLD's mobile clinic services. In November 2019 FLD organized a three-week community midwife capacity training. The goal is that these women in training are expected to become the liason person between Triloka Infant Maternity Clinic and the mobile clinics in their communities. This way they are multipliers of FLD's work reaching far more women, whom they are able to help through their additional skills and knowledge.



A part of the training program was a study tour in December to a similar program in Ermera district, another rural area in Timor Leste, which has already been running for several years. Trainees and FLD staff learned from Dr. Aida, a Timorese doctor who developed this project.





## Health Education

As a central part of Lafaek Diak's health programs, health education continues to run in schools, kindergartens, villages, during mobile clinic visits and at the maternity clinic. Some of the basic topics among others include: hand-washing and preventing infectious diseases. For youth and adults topics covered are: tuberculosis, leprocy, reproductive health and HIV/Aids prevention. For mothers and families, another important topic is healthy nutrition; here a referral system was established to better detect and accompany mal- and undernourished children with special support; also topics related to women's health are central.



## Renovation of clinic building & new fence



Through the years all clinic windows, doors and their frames were eaten by termites. They needed to be replaced. Also the fence around the clinic campus was damaged through heavy rust, wear and tear. It presented a security and health issue. With combined support from a fair trade shop, a regional church, a local congregation and its' women's group in Germany these renovations to the clinic and the new fence, as well as the purchase of a new generator were made possible.



**Mobile clinics in remote villages**



Bad roads due to heavy rainfall, mudslides or difficult-to-cross river-beds don't weaken the determination of FLD's clinic staff to reach remote and hard-to-get-to villages and communities for the regular mobile clinics.



**Traditional dyes & developing new weaving patterns**



Friendship bands woven only with natural dye colours are finding a new market in the *Things and Stories* store in Dili (also with a shop at the Dili airport). The weavers have begun to grow indigo plants again in order to have the blue tones, and use turmeric roots for the yellow for example. They are re-discovering the value of this old knowledge.

Due to an expected large new order for a concert of five schools in *Geelong*, Australia, the women's weaving groups in *Home* village developed new patterns for their friendship bands.



**"Called to love one another – Aspire to be more" – FLD & NOW 2019**



This year's motto of Nazareth guided their annual work visit in Triloka and surrounding villages. After the success of the first two playgrounds in the past two years, another one was built next to the maternity clinic in Caisidu village, offering children a joyful experience and taking away the fear of a medical consultation. The NOW 2019 visited 6 local schools, where they interacted with the children & teachers, playing games and distributing sports gear, school furniture and teaching materials.





## Dr. Evangelino visits conference in Germany



From 27 January through 3 February, 2019 Dr. Evangelino from the Good Crocodile Foundation was invited to participate and present at the 10th annual conference of the *German Society of Tropical Pediatrics and International Child Health* at *Rauischholzhausen* Castle. Doctors from 21 tropical countries and German medical students attended, offering a wonderful opportunity to exchange experiences and practices and learn from each other. He shared about the work of FLD and the programs of Triloka community health clinic, as well as several challenging pediatric cases. Many participants had never heard of Timor Leste.

## Agricultural work



Several unemployed youth participate in the agricultural work on the fields around the maternity clinic. They learn techniques of permaculture which is ancient knowledge and practice in East Timor, discovered anew. At the same time they harvest healthy food for the daily meals of staff and patients, and demonstrate balanced nutrition as part of healthy living.



## University Scholarship Program



Congratulations to scholarship recipient **Augusta Piedade da Silva** who graduated in October 2019 at *Sekolah Tinggi Kesehatan STIKES YAKKUM CD-Bethesda University* in Yogyakarta, Indonesia. After finishing her Diploma in nursing, which she achieved through hard work and grit, she was offered an additional two-year scholarship by a Board Member of the University in order to complete a full bachelor in nursing. We look forward to welcoming her back upon completion of this additional degree to work for the Triloka clinic of Lafaek Diak.

## Solidarity through *Sternsinger* children



A German Epiphany tradition has children dressed as the three wise magi, and walk the wintery streets following a star they hold up high. They bless the homes that open the door for them for the new year, they sing and pray, and gather donations for children less fortunate than them in other parts of the world. Funds gathered by these children support a major part of the health care programs of the Good Crocodile Foundation.



## FINANCIAL REPORT & STATISTICS 2019

### Financial Report (1/1/19 - 31/12/19)

Health Programs & Clinic USD \$ 100,866  
(Die Sternsinger'/KMW: 01/07/2019 – 30/06/2020)

Other USD USD \$ 33,300  
(includes individual donor contribution towards multi-year health programs & clinic through mid 2022)

Capital Building Projects 2019 USD \$ 32,500  
(For renovation of clinic doors & windows & their frames, new electrical wiring & ceiling, a new generator for clinic and a new fence around main upper campus; partial building of women & children nutrition building at lower campus)

*This does not include in-kind donations of goods and services.*

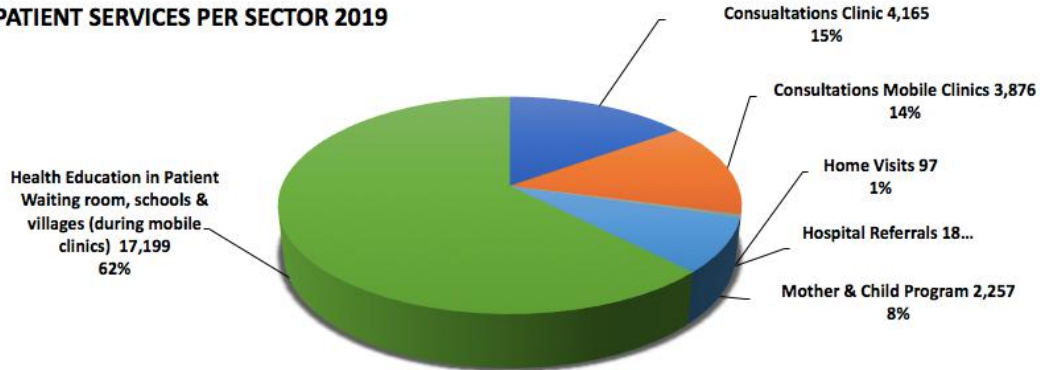
### Statistics

Average monthly polyclinic and mobile clinic visits	680
Average monthly maternal child health visits	188
Average monthly participation in health education	1,433
Average monthly participation in health programs	2,317
Number of farming families involved in crop development	35
Number of Weaver Families	25

#### Total Staff

Clinic (including education)	-paid staff	17
Agriculture	-paid staff	1
Administration	-paid staff	4
Security, Cleaner, Driver	-paid staff	5
International Volunteers		19

### FLD PATIENT SERVICES PER SECTOR 2019



INDIVIDUAL DONORS		ORGANIZATIONAL DONORS
<p>Sonia Anderson Bernhard &amp; Magdalene Balle Paulus &amp; Haryati Bawole Adelheid Bumiller Anna &amp; Tobias Diekmeyer Alison Dyall Joy Eichhorn John Engstrom Angelika &amp; Paul Erdmann Pfr. Eberhard Grootzinger Barbara Hanson Karin Harridge Carolin Hartmann Doris Haubensack Alfred Henderson Joanna Kuehn Betty Lehet Bronwyn Lin Ellie Johnston &amp; Jo Lin Joana Lin Elizabeth Lempp Britt Lundgren Dr. Greg &amp; Sally Malcher Berit Massman Leah Nelson Moon</p>	<p>Analisa, Tjie Bin &amp; Bimo Na Marlys Nelson Juni Nelson Dr. Mary Nelson Rolf &amp; Phoebe Nelson Sue &amp; John Oday Fr. Franz Pitzal Simone Pitzal Robert &amp; Joan Pope Gudrun Pross Dr. Andrew &amp; Dr. Kirstin Pratt Dr. Greg Stewart Carolyn Straub Anne &amp; Franco Ucci Sara Ucci Barbara Vogt Connie Walker Lynn &amp; Brian Warren Cornelia Wolf Jay Youngdahl Heide Zademach</p>	<p>Altpfarrkranz Stuttgart-Weilimdorf, Germany Bunbury Uniting Church, Western Australia Chapel Hills UCC, <i>Enduring Fund Grant</i>, Edina, MN, USA Clonard College, Geelong, AU Daylesford Swimming Club &amp; Surgery, AU Department for Mission, Ecumenical Relations and Church Development - Services of the Evangelical Lutheran Church of Wuerttemberg, Germany “Die Sternsinger” – Kindermissionswerk, Aachen, Germany DIFAEM (German Institute for Medical Mission e.V.) Diocese of Baucau, Bishop Dom Basilio do Nascimento, TL Evangelical Oswald &amp; Wolfbusch Church in Stuttgart-Weilimdorf, Germany Frauenkreis and Evangelical Oswald &amp; Wolfbusch Church in Stuttgart-Weilimdorf, Germany Initiative Suedafrika e.V. Lampoldshausen, Germany Ministry of Health, RDTL Ministry of Justice, RDTL Nazareth Catholic Community, Adelaide, AU Parliament of the World’s Religions, Chicago, USA Pfarrwitwen in der Wuerttembergischen Evangelischen Landeskirche, Germany Renninger Krippe, Germany Rotary Club of West Torrens, SA, AU Rotary Margaret River, WA, AU SETRA –Seattle East Timor Association, USA Springs Medical Clinic, Daylesford, AU St. Bonifazius Catholic Church, Renningen Germany Terrace Timor Network, Brisbane, AU Uniting Church WA Synod, AU United Church of Christ, Global Ministries, USA Weikersheimer Weltladen, Germany</p>
<p>We are grateful for the support of many organizations and individuals. We apologize if we have left anyone out. Please let us know.</p>		

STAFF LISTING	
<b>FLD Administration:</b>	Constantino Pinto/Gregorio Lobo Pinto/Brigida Freitas Guterres/Dirse da Silva/Octaviano Fernandes Gusmao
<b>Clinic:</b>	Dr. Evangelino Roque Soares /Dr. Ivonia Ana/ Cesario Pereira Freitas /Anastasia Maria Guterres/Ana Josefa Ximenes/Fabiola Ximenes Rodrigues / Marcelina Ines Correia/ Francisco Armando da Costa/ / Cesaario Ximenes/Dirse da Silva /Gabriela do Santos Perreira/ Xistu Gusmao/Placido Vaz/Artur Ximenes/Ana Gloria Coreira/ Maria Lourdes de Freitas /Francelina Fernandez Britu
<b>Community Midwife Volunteers:</b>	Mariquita M. Guterres (from Uaimanuboe)/ Silvia A. Belo (from Waisa’a) / Virgilia M. Marques (from Ossoluga)
<b>International Volunteers:</b>	Alison Dyall, Jonathan Lin, Barbara Vogt & Nazareth Outreach Work 2019
<b>Agriculture Program:</b>	Geremias da Silva /Armando da Silva
<b>Local Volunteer for Agriculture Program:</b>	Armando Pereira, Jorjina Pereira, Berta da Silva
<b>Local Volunteer for the Weavers Project:</b>	
<b>Driver &amp; Mechanic:</b>	Silveiro Freitas da Concecao
<b>Security &amp; Cleaner:</b>	Lourenco da Costa, Justino Freitas, Maurisio, Mateus Martins P. da Silva

## PLANS FOR 2020

1	Continue Rural Community Health Program: <ul style="list-style-type: none"> <li>- Expand mobile clinic sites to more remote villages</li> <li>- Further develop clinic staff capacity through in-formal and formal training</li> </ul>
2	Continue to implement community-based midwife and health volunteer pilot project
3	Complete building for mother-and-child programs (mothers support group, nutritional demonstration cooking etc.) still needed (~ USD \$ 6,000)
4	Expand Scholarship Program to include Medical Laboratory Technician, Nursing and Medical Administration
5	Build 4 <sup>th</sup> Playground in remote village
6	Explore and develop new markets for weaving products from weavers cooperative in Home
7	Source funding for leadership training for FLD Board & staff, further develop the administration capacity of FLD through training; identify Volunteer for Organizational Development & donor liaison.

### Volunteers & Visitors 2019

Nazareth Outreach Work 2019/Adelaide, Clonard College/Geelong & Alison Dyall/WA  
 RDTL Ministry of Health accreditation visit



### Donations can be made through international bank transfer to:

<b>Account Name:</b>	Fundasaun Lafaek Diak
<b>Address:</b>	Triloka, Baucau, East Timor
<b>Name of Bank</b>	Bank Mandiri, Dili Branch, Timor Leste
<b>Account No:</b>	601-00-0014221-9
<b>IBAN Number:</b>	TL 38 0050 601-000014221 948
<b>SWIFT Code:</b>	BMRIIDJA
<b>Correspondent Bank:</b>	CHASUS 33 JP Morgan Chase Bank of New York

*Should you experience difficulty in transferring funds, due to a possible confusion because Bank Mandiri in Dili TL uses an Indonesian SWIFT Code number but the IBAN number is for TIMOR-LESTE, please contact [infolafaekdiak@gmail.com](mailto:infolafaekdiak@gmail.com)*

